

Full Report (All Nutrients) 45134973, Chicken & Broccoli in Alfredo Sauce, UNPREPARED, GTIN: 00094643417097

Based on the GS1 Global Data Synchronization Network, [Powered by 1WorldSynch](#)

Report Date: May 26, 2017 23:10 EDT

Information provided by food manufacturers is label data. Manufacturers are responsible for descriptions, nutrient data and ingredient information. USDA calculated values per 100 {0} from values per serving.

Food Group : Branded Food Products Database

Manufacturer ConAgra Foods Inc.

Nutrient	Unit	Data points	Std. Error	1 Cup (227g) 227g	1 Value Per100 g
Proximates					
Energy	kcal	--	--	211	93
Protein	g	--	--	22.00	9.69
Carbohydrate, by difference	g	--	--	20.00	8.81
Sugars, total	g	--	--	1.00	0.44
Minerals					
Calcium, Ca	mg	--	--	100	44
Iron, Fe	mg	--	--	0.73	0.32
Potassium, K	mg	--	--	279	123
Sodium, Na	mg	--	--	420	185
Vitamins					
Vitamin C, total ascorbic acid	mg	--	--	12.0	5.3
Vitamin A, IU	IU	--	--	200	88
Lipids					
Fatty acids, total saturated	g	--	--	2.50	1.10
Fatty acids, total monounsaturated	g	--	--	2.00	0.88
Fatty acids, total polyunsaturated	g	--	--	1.50	0.66
Fatty acids, total trans	g	--	--	0.00	0.00
Cholesterol	mg	--	--	66	29

Amino Acids

Other

Ingredients

Alfredo Sauce (Water, Parmesan Cheese [Part-Skim Milk, Cheese Culture, Salt, Enzymes], Alfredo Sauce Mix [Cream, Cheese Blend {Cheddar Cheese, Parmesan Cheese, Blue Cheese (Pasteurized Milk, Salt, Culture, Enzymes)}, Dried Whey, Butter {Cream, Salt}, Nonfat Dry Milk, Modified Corn Starch, Buttermilk, Flavor, Maltodextrin, Salt, Cultured Whey, Wheat Flour, Disodium Phosphate, Soy Lecithin, Partially Hydrogenated Soybean Oil, Lactic Acid, Citric Acid, Tocopherols, Ascorbyl Palmitate, And Ascorbic Acid], Modified Corn Starch, Less than 2% of: Alfredo Cheese Blend [Parmesan Cheese {Pasteurized Milk, Cultures, Salt And Enzymes}], Water, Cheddar Cheese {Pasteurized Milk, Cultures, Salt, Enzymes}, Romano Cheese {Pasteurized Cow's Milk, Cultures, Salt, Enzymes}, Nonfat Dry Milk, Enzymes, Disodium Phosphate, Salt, Trisodium

Citrate], Soybean Oil, Chicken Broth Powder [Maltodextrin, Chicken Broth, Salt, Flavors], Whey Protein Concentrate, Salt, Locust Bean Gum, Disodium Phosphate, Mono- and Diglycerides and DATEM, Garlic Powder, Onion Powder, Pepper), Cooked Egg Noodles (Water, Enriched Egg Noodles [Durum Flour, Egg, Niacin, Iron {ferrous sulfate}, Thiamine Mononitrate, Riboflavin, Folic Acid]), Broccoli, Marinated Chicken Breast (Chicken Breast, Water, Isolated Soy Protein Product [Isolated Soy Protein, Modified Food Starch, Starch, Carrageenan), Fructose, Salt, Spice). CONTAINS MILK, Wheat, Soy, Egg. *Date Last Updated by Company:* 09/08/2016